



# *Burke High School* *Cheer Tryouts* **2022-2023**

Coaches- Jaden Green and Emily Lorenzen

# Two Squads, One Program

Junior Varsity

Open to freshmen, sophomores,  
and juniors

Varsity

Open to sophomores, juniors, and  
seniors

# Requirements to be a Bunke Cheerleader

- Must currently have a minimum of a 2.5 GPA
- Must be in good disciplinary and academic standing of the Student Code of Conduct
- Have all required paperwork completed and turned in on time
- Have read, signed, and turned in the contract
- Understand the time and financial commitment and turned in the signed agreement form
- Must be in good health and stamina as conditioning will be required throughout the year
- Must be a leader in and out of the classroom, as well as on the sidelines

# Cheerleaders...

- Are leaders of the school
  - Always display school spirit
  - Rep their school and team in a positive way
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- Student athletes are held to a higher standard at Burke, cheerleaders should be representing themselves, the program, and Burke High School in a positive and appropriate way

# Time Commitment

- Cheerleaders must be 100% dedicated to the program
- Cheerleaders are expected to be a student first, and cheerleader second. Therefore any other activity, job, sport, appointment, etc. must be scheduled around our calendar and will not be considered excused absences

## JV Commitments

- JV/Reserve home football games
- JV/Reserve home volleyball games
- JV/Reserve home basketball games
- Varsity home football games
- Fundraisers

## Varsity Commitments

- All Varsity football games
- Varsity home volleyball games
- All Varsity basketball games
- Fundraisers

# *Financial Commitment*

- The estimated cost for this year is around \$800
  - Uniform will be around \$600
  - UCA Home Camp is \$200
- Cheerleaders will not be released uniforms until they are paid for in full
- More details will be provided at uniform fittings once the 2022-2023 team is announced

# *Financial Commitment*

- Payments can be made online through Infinite Campus, or to the Burke treasurer. Payments can be cash, check or money order.
- Fundraisers will occur throughout the school year. We will have a mixture of individual fundraisers where cheerleaders can choose to participate, and group fundraisers for the program as a whole
- Team fundraising will go towards special event supplies, banquet costs, paints, etc.

# Uniforms

-We have decided to go through Adidas for our uniforms this year!

-There will still be a few items that will be purchased from Varsity

-Each squad has the same uniform, the only difference is the color of poms



## Uniform Includes

Shell

Jersey

Warm Up Pants and Jacket

Spandex

Liner

Shoes

Cheer Backpack

Skirt

Poms

3 Bows



# Tryout Schedule

| APRIL 11TH  | APRIL 12TH  | APRIL 13TH  | APRIL 14TH  | APRIL 15TH   | APRIL 16TH                                   |
|-------------|-------------|-------------|-------------|--------------|--|
| Prep Week   | Prep Week   | Prep Week   | Prep Week   | Mock Tryouts | Tryouts                                      |
| Gym         | Gym         | Gym         | Gym         | Gym          | Meet in Activity Center at 7:45 for check in |
| X           | 6:00-7:15am | X           | 6:00-7:15am | X            | Starts at 8:00am                             |
| 7:00-9:00pm | 7:00-9:00pm | 7:00-9:00pm | 7:00-9:00pm | 7:00-9:00pm  |  |

# Cheer Skills Assessed

- Cheer
- Chant
- Dance
- Kicks
- Jumps (toe touch and jump of choice)

Additionally, each cheerleader will be asked two questions in an interview style. Examples of questions will be given during prep week.

- Candidates will perform all tryout materials in front a panel of judges

# Tryout Materials

The following materials will be due on April 13th

- BHS Cheer Tryout Application
- Signed BHS Cheerleading Contract
- Commitment Acknowledgement
- Teacher Recommendations
  - Candidates will send the link to a Google Form to each of their teachers and have them fill out the link by April 13th

[https://docs.google.com/forms/d/e/1FAIpQLSdFrsuSEXptrUprN55LVixN2MoKTfBiDZdlHe0wSEBGHTFDMg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdFrsuSEXptrUprN55LVixN2MoKTfBiDZdlHe0wSEBGHTFDMg/viewform?usp=sf_link)

# *Important Dates*

Cheerleaders who make the 2022-2023 Burke Cheer Squad should put the following dates in their calendars:

- Parent Meeting and Uniform Fitting- April 18th at 7:00pm
- April 30th- Team Bonding at Burke at 9:00am
- June 22nd and June 23rd- UCA Home Camp at Burke

If you have any further  
questions, please email Coach  
Emily and Jaden at

[omahaburkecheer@gmail.com](mailto:omahaburkecheer@gmail.com)

(This is a new email address from last year!)

We look forward to seeing you at  
tryouts!